



**BROOKLYN
FRIENDS
SCHOOL**

May 18, 2020

Dear Preschool Families,

It is hard to believe it's really mid-May and that next week the teachers will be starting to speak with the children about the end of the school year. Time seems to have a different rhythm during these unusual days at home. Thinking about having these conversations about transition and change with your children is generally hard, but especially so during this very different year.

At our Parent Coffee Hour last Thursday, Noelle Dean, one of the talented and compassionate members of the Emotionally Responsive Practice team at Bank Street, articulated clearly and eloquently how to speak to our children about the end of the year and transitions during this very different time. One of the points that she shared was that when speaking to your child about a goodbye, it is very important to also speak about the hello. So how do we speak about saying goodbye to this year when we don't know exactly what the hello of next school year will be?

What Noelle suggested, which fits into the developmental framework of preschoolers, is that we share the "just right" amount of information. This will help them feel secure in knowing that there is a plan, but is not so much information that they feel overwhelmed and unsure. Within this "just right" amount of information sharing, she recommends we speak about what we know and what we don't know.

We know that there will be school at Brooklyn Friends next year.

What we don't know is exactly how it will look.

We can share that it could look like it does now on the computer or it could look like school did at the beginning of the year, or it could be some combination of the two.

It is also helpful to tell your child that when you know more information you will share it with them.

If you would like more guidance on how to handle these tricky discussions, you can listen to the recording of Noelle's Parent Coffee Hour at the link (please see your email for this link).

Here are the links to Jane's last two videos from Community Time Live.

Fuzzy Does Not Like Zoom - Part 2 (please see your email for video link)

When Fuzzy sees all the faces on the zoom screen she feels like everyone is together and she is alone. We also talked about how hard being muted is when you are on zoom.

Fuzzy Learns to Take Care of Herself (please see your email for video link)

Going outside is such an important way to take care of yourself. Fuzzy wonders, when we have been told to stay inside is it ok to go out? We discuss masks and booboos.

Click here for the Zoom link to Community Time Live at 12:30 daily. (please see your email for link)

Please join us for one of our upcoming parent transition meetings this week!

Fours to K Transition meeting is this Wednesday May 20th at 1:30pm
(please see your email for link)

Threes Transition Meeting is on Thursday May 21st at 1:30.
(please see your email for link)

Know we are here on this journey together with all of you.

Have a good start to your week,

Maura and Jane